

## Workshop Adapted Tennis

Commissie Aangepast Tennis Vlaanderen  
www.aangepasttennis.be

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VLGA Vlaamse Liga Gehandicaptensport  
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LEUVEN Vlaamse Trainersschool  
Blosso  
Erasmus Mundus Adapted Physical Activity

## Programme

- 15h Welcome & Introduction  
Adapted tennis in Flanders
- 15h15 Working with tennis players with intellectual disabilities
- 16h15 Coffee Break
- 16h30 Theoretical & Practical concepts related to wheelchair tennis
- 18h ...

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## Players

- Martin Legner
  - ITF 17
  - Career high: 3 (singles) 1 (doubles)

LEGNER, Martin (AUT)	
<b>BIOGRAPHY</b>	
Birth Date:	17 December 1961
Birth Place:	Tirns, Austria
Residence:	Mils, AUT
Nationality:	Austria
Weight:	76kg
Plays:	Right Handed
Favourite Surface:	Hard, Clay
Coach:	
Age: Start of Tennis:	22

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## Players

- Gert Vos
  - ITF 206
  - Career high: 13 (singles) 13 (doubles)

VOS, Gert (BEL)	
<b>BIOGRAPHY</b>	
Birth Date:	21 April 1968
Birth Place:	Ilwaco, Belgium
Residence:	Aarschot
Nationality:	Belgium
Weight:	60kg
Plays:	Right Handed
Favourite Surface:	Hard
Coach:	
Age: Start of Tennis:	28

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## Belgium: cooperation between able-bodied and disabled sports federations

- Cooperation between able-bodied and disabled sports federations and between FI & W
  - Competition
    - Rules & regulations, tournaments, ranking
  - Player preparation for international tournaments
- Flanders: Committee for Adapted Tennis (CAT)
  - VTV and VLGA (Vlaamse Liga Gehandicaptensport)
  - Wheelchair tennis and tennis for players with intellectual disabilities

[www.vlg.be](http://www.vlg.be): [www.aangepasttennis.be](http://www.aangepasttennis.be)  
[www.vtv.be](http://www.vtv.be)

## Committee Adapted Tennis Flanders

**COMMITTEE ADAPTED TENNIS**

secretaris: Martine    penningmeester: Willy    verantwoordelijke: Ann

PROMOTION: website, folder, newsletters, demo's (Marc/Ann)  
 RECREATION: initiations, up/down, fun days (Christophe)  
 TRAINING: open training, selection trainin (Christophe)  
 COMPETITION: national tournaments and championships, WTC (Marc)

www.aangepasttennis.be  
www.vtv.be

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## Tennis clubs and players in Flanders

- More than 20 adapted tennis centres
- Over 100 registered WT players and over 100 with intellectual disabilities

Map locations include: Zoutse, Koksijde, Evergem, Heistse/Zevenbergen, Moltenbos, Forest Wheels, Zolder, Lanaken, Wintledon, Sterrebeek, Slade Louven, CASvzw, Geraardbroek, Pelt, Bonge, Weteren, Gents, TC Yper, IJss, Wier, and others.

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## Calendar 2011-2012

- National criteriumtournaments winter 2011-2012
  - 11 november: G-tennis Beerse
  - 11 december: G-tennis Bree
  - 17 december: R-tennis Neerpelt
- Belgian Championships wheelchair tennis
- ITF tournaments
  - 26-30 juli: Belgian Open ITF1
  - 11-14 aug: Ath Open ITF3
  - 17-20 aug: Flanders Open ITF3
  - 8-12 nov: NEC Singles Masters
- Demonstrations, integration & inclusion activities
  - CAS Paashapping rolstoeltennis
  - WheelShare Cup Knokke Zoute TC
  - Up/Down events
  - VTV feest van de jeugd
  - ...

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## Belgian international players

- ITF ranking november 2011:

Womens Singles Rankings (07 Nov 2011)				
Rank	Name	Nation	Ranked Events	Total Points
8	SEVENANS, Annick	BEL	7	17
78	VERHOEVEN, Els	BEL	3	3
87	MORTIER, Pakhy	BEL	7	8
142 <sup>nd</sup>	COX, Sofie	BEL	2	2
168	QITTE, Jenny	BEL	2	2

  

Mens Singles Rankings (31 Oct 2011)				
Rank	Name	Nation	Ranked Events	Total Points
21	GERARD, Joachim	BEL	9	12
101	DENAYER, Mike	BEL	9	12
206	VOS, Gert	BEL	4	4
231	MICHLIS, Kristof	BEL	4	4
344	HANSENS, Denis	BEL	4	4
451	VANASSCHE, Joeri	BEL	4	4
516 <sup>th</sup>	DE MEERSMAN, Roland	BEL	3	3
642	THUS, Andre	BEL	2	2

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## International organisation: ITF

- Wheelchair Tennis Tour
  - ITF Grand Slams
    - Australian Open, Roland Garros, Wimbledon, US Open
  - ITF Super Series
  - ITF 3 - 2 and 1 Series
  - ITF Futures Series
  - ITF Masters Series
- Wheelchair Tennis Masters
  - Doubles 2-6 november Amsterdam
  - Singles 8-12 november St-Katelijne-Waver
- Invacare World Team Cup
  - 2011: Pretoria (Zuid-Afrika)
  - 2012: Seoul (Korea)
- Paralympic Games Londen 2012

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## Information

ITF: [www.itfwheelchairtennis.com](http://www.itfwheelchairtennis.com)

- Take Two
- Coaches Review
- Wheelchair Tennis Coaches Manual (Marko Polic)
- From Myth to Reality (Randy Snow, Bal Moore)
- More Than Tennis
- 101 Wheelchair Tennis Drills (Randy Snow)

CAT: [www.aangepasttennis.be](http://www.aangepasttennis.be)

VTV: [www.vtv.be](http://www.vtv.be)

- Play Tennis

VLG: [www.vlg.be](http://www.vlg.be)

- VLG KRIJK

e-mail: [aangepast.tennis@telenet.be](mailto:aangepast.tennis@telenet.be)

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## Wheelchair tennis eligibility

- Medically diagnosed permanent mobility related physical disability
  - Spinal cord injury
  - amputation
  - other
- Wheelchair tennis competition according to play level, NOT disability
  - exception: Quadriplegia

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## Rules of wheelchair tennis

- Tennis rules with a few exceptions
  - Two bounces
  - Chair part of body
  - Use of 1 foot
    - Vb hemiplegia
    - Not during contact
  - Mixed competition



## Equipment



### ADL wheelchair

- For daily life activities



### Tennis wheelchair

- 3 or 4 wheels
- Light materials
- Fixed or adjustable frames
- Camber
- Anti-tip
- NO BRAKES!



- Power wheelchairs



## Intellectual disabilities

- Intellectual Disability
  - IQ < 75
  - Special schools
  - Autism with intellectual disabilities
- Competition in 3 levels
  - Level 1: maxi
  - Level 2: maxi, double bounce
  - Level 3: midi, very simple rules



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**Good luck!**















